
Eight Steps to Being Filled (STEP 4: Obeying the Holy Spirit)

The Fullness of the Holy Spirit

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Sermon: The Fullness of the Holy Spirit: Eight Steps to Being Filled (STEP 4: Obeying the Holy Spirit)

New Series Messages: “The Fullness of the Holy Spirit”

- Theme Scripture: Ephesians 5: ¹⁸ And be not drunk with wine, wherein is excess; but be filled with the Spirit;
- Subject: ***The Process of Being Filled (Drunk with New Wine) – New Walk, Look, Talk***
- Subject: ***Eight Steps to Being Filled (STEP 1: Submit to the Holy Spirit)***
- Subject: ***Eight Steps to Being Filled (STEP 2: Convicted by the Holy Spirit)***
- Subject: ***Eight Steps to Being Filled (STEP 3: Guided by the Holy Spirit)***
 - Guided by the Truth of God’s Voice
 - Guided by the Truth of God’s Vision
 - Guided by the Truth of God’s Glory

Lesson Text

Ephesians 4:30–32 (AV) ³⁰ And grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption. ³¹ Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: ³² And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ’s sake hath forgiven you.

1 Thessalonians 5:16–19 (AV) ¹⁶ Rejoice evermore. ¹⁷ Pray without ceasing. ¹⁸ In every thing give thanks: for this is the will of God in Christ Jesus concerning you. ¹⁹ Quench not the Spirit.

John 14:23–26 (AV) ²³ Jesus answered and said unto him, **If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him.** ²⁴ **He that loveth me not keepeth not my sayings: and the word which ye hear is not mine, but the Father’s which sent me.** ²⁵ **These things have I spoken unto you, being yet present with you.** ²⁶ **But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.**

Introduction

Being Filled with the Holy Spirit is A Continuous Process, Not Simply A Singular Event.

The Eight Steps to Being Filled with the Holy Spirit are:

1. Submitting to the Holy Spirit
2. Convicted by the Holy Spirit
3. Guided by the Holy Spirit
4. Obeying the Holy Spirit
5. Studying the Holy Spirit
6. Fasting with the Holy Spirit
7. New Life in the Holy Spirit
8. Transformed by the Holy Spirit

Eight Steps to Being Filled (STEP 4: Obeying the Holy Spirit)

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Last week we looked at the 3rd step to being filled with the Holy Spirit, “Guided By the Holy Spirit”; Today we will look at the 4th step, “Obeying the Holy Spirit”)

This step is less about what the Holy Spirit does for us, but about what we must do in response to the Holy Spirit within us; which is obey Him.

There are three things that will limit our ability to experiencing the Fullness of Holy Spirit and walk in path and destiny God has for us: They are People, Ourselves, and this World.

People are wicked and hurt us, we are deceitful and fool us, the world is evil and destroys us! And because of our natural propensity to follow our flesh, our responses to these three are generally in direct opposition or disobedience to the Holy Spirit within us.

When it comes to how we respond to people, our behavior Grieves the Holy Spirit

When it comes to how we respond to ourselves, our behavior Quenches the Holy Spirit

When it comes to how we respond to the world, our behavior Chokes the Holy Spirit

Galatians 5:¹⁶ *This* I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.

To experience the fullness of the Holy Spirit, we must obey Him through Forgiveness, through Joy, and through Love!

Series and Sermon: The Fullness of the Holy Spirit: Eight Steps to Being Filled (STEP 4: Obeying the Holy Spirit)

“The Obedience of Forgiveness to Overcome People, The Obedience of Joy to Overcome Self, and The Obedience of Love to Overcome this World”

I. The Obedience of Forgiveness to Overcome People

Ephesians 4: ³⁰ And grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption.

The first thing that prevents us from walking in Spiritual Obedience is People; and this disobedience causes the Grieve the Holy Spirit.

To Grieve means to bring unhappiness, anguish, pain, misery, or sorrow; to cause great distress and deep sorrow.

We are commanded: Matthew 22: ³⁹ ... **Thou shalt love thy neighbour as thyself.**

The Golden rule: Matthew 7: ¹² **Therefore all things whatsoever ye would that men should do to you, do ye even so to them: for this is the law and the prophets.**

But people just won't let us do it. They are wicked and evil. They deceive and betray us.

Psalms 41:9 (AV)⁹ Yea, mine own familiar friend, in whom I trusted, which did eat of my bread, hath lifted up *his* heel against me.

Psalms 69:4 (AV)⁴ They that hate me without a cause are more than the hairs of mine head: they that would destroy me, *being* mine enemies wrongfully, are mighty: then I restored *that* which I took not away.

And yet the Holy Spirit is compelling us to love, bless, do good, and pray for them!

Matthew 5:43–44 (AV)⁴³ **Ye have heard that it hath been said, Thou shalt love thy neighbour, and hate thine enemy.** ⁴⁴ **But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;**

And when we fail to do so, it Grieves the Holy Spirit.

He is grieved because He knows that this disobedience will prevent us from accomplishing God's plan for our lives; because anything God calls us to do will require each other.

To Overcome People, we must Walk in the Obedience of Forgiveness

Ephesians 4: ³² And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

The previous verse teaches us what to do.

Ephesians 4: ³¹ Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice:

And when we forgive, we get power!

Romans 15:1 (AV)¹ We then that are strong ought to bear the infirmities of the weak, and not to please ourselves.

Matthew 18:20 (AV)²⁰ **For where two or three are gathered together in my name, there am I in the midst of them.**

Matthew 18:18 (AV)¹⁸ **Verily I say unto you, Whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven.**

II. The Obedience of Joy to Overcome Self

1 Thessalonians 5: ¹⁹ Quench not the Spirit.

The second thing that prevents us from walking in Spiritual Obedience is Ourselves; and this disobedience causes us to Quench the Holy Spirit.

To Quench means to smother, douse, extinguish, or suppress; to put out, stifle, or suppress Him.

A parent wants nothing more than to see their child succeed in all they are capable of doing.

Proverbs 22:6 (AV)⁶ Train up a child in the way he should go: and when he is old, he will not depart from it.

This passage means to direct or point your child in the right direction so that they won't be lost later in life.

But when that child is disobedient because they won't listen or follow the parent's direction, they are quenching or literally suppressing the parent's ability to help them.

Because our flesh is driven by the lusts of this world, even as Christians we have a propensity to quench and suppress the leading of the Holy Spirit when our flesh is provoked.

To Overcome Self, we must walk in the Obedience of Joy

1 Thessalonians 5:16–19 (AV)¹⁶ Rejoice evermore. ¹⁷ Pray without ceasing. ¹⁸ In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

To overcome ourselves, we must be obedient to the Joy of Lord, because it's our strength.

To Rejoice Evermore: Psalm 34: ¹ I will bless the LORD at all times: his praise *shall* continually *be* in my mouth.

To Pray Without Ceasing: Luke 18: ¹ ... men ought always to pray, and not to faint;

In Everything Give Thanks: Job 13: ¹⁵ Though he slay me, yet will I trust in him: ...

III. The Obedience of Love to Overcome The World

John 14: ²⁴ **He that loveth me not keepeth not my sayings: and the word which ye hear is not mine, but the Father's which sent me.**

The final thing that prevents us from walking in Spiritual Obedience is this World; and this disobedience causes us to Choke the Holy Spirit.

Mark 4:19 (AV)¹⁹ **And the cares of this world, and the deceitfulness of riches, and the lusts of other things entering in, choke the word, and it becometh unfruitful.**

1 John 2:15–16 (AV)¹⁵ Love not the world, neither the things *that are* in the world. If any man love the world, the love of the Father is not in him. ¹⁶ For all that *is* in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.

To Overcome this World, we must walk in the Obedience of Love

John 14:²³ Jesus answered and said unto him, **If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him.**

1 John 4:8 (AV)⁸ He that loveth not knoweth not God; for God is love.

In order to Walk in the Obedience of Love, we must let the Holy Spirit produce it in us!

Galatians 5:22–23 (AV)²² But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, ²³ Meekness, temperance: against such there is no law.

Hatred develops Love, Disappointment develops Joy, Trouble develops Peace, Delay develops Longsuffering, Harshness Gentleness, Evil Goodness, Betrayal Faithfulness, Arrogance Meekness, and Worry & Anxiety develops Temperance.

Eight Steps to Being Filled (STEP 4: Obeying the Holy Spirit)

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Midweek Study Lesson Plan (Sermon: Eight Steps to Being Filled (STEP 4: Obeying the Holy Spirit))

Study Tools:

- Sermon Video and Notes: <https://victoriouspraise.org/>
- Bibles, Commentaries, and Dictionnaires: <https://biblehub.com/tools.htm>
- Book Source: ["The Complete Guide To Understanding The Holy Spirit"](#); Read the Following Chapters:
 - "Quenching the Holy Spirit"
 - "Grieving the Holy Spirit"

Lesson Text

- Ephesians 4:30–32, 1 Thessalonians 5:16–19, John 14:23–26

Sermon Outline

- I. The Obedience of Forgiveness to Overcome People
- II. The Obedience of Joy to Overcome Self
- III. The Obedience of Love to Overcome this World

Questions

I. Getting to Know "Me"

1. Have you ever been told you look like someone famous? Who was it?
2. Let's say you're independently wealthy and don't have to work, what would you do with your time?

II. Into the Bible

1. Describe the difference between the Fruits of the Spirit (Galatians 5) and the Gifts of the Spirit (1 Corinthians 12).
2. Read Hebrews 8 entirely. Hebrews 8:10 NIV says, "This is the covenant I will establish with the people of Israel after that time, declares the Lord. I will put my laws in their minds and write them on their hearts. I will be their God, and they will be my people." And verse 13 says, "By calling this covenant "new", he has made the first one obsolete; and what is obsolete and outdated will soon disappear." If the old covenant of the Ten Commandments and all the other old covenant laws are now obsolete and outdated, what are the laws God has put in the minds and wrote on the hearts of the believer today? Provide scriptures

III. Life Application

1. How does thinking of obedience to God as the same as love for God affect your decision making when it comes to specific actions like forgiving those who have hurt you?
2. Recall a time when you may have quenched the Holy Spirit. What did you learn from that experience and from this Sunday's message that will help you in the future? (Note: You do not need to share the specific experience to answer this question)

Prayer:

- **Prayer Request:**
- **Personal Prayer:**