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# Eight Steps to Being Filled (STEP 2: Convicted by the Holy Spirit)

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## The Fullness of the Holy Spirit

Pastor Wil Nichols

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***Sermon: The Fullness of the Holy Spirit: Eight Steps to Being Filled (STEP 2: Convicted by the Holy Spirit)***

***New Series Messages: “The Fullness of the Holy Spirit”***

- Theme Scripture: Ephesians 5: <sup>18</sup> And be not drunk with wine, wherein is excess; but be filled with the Spirit;
- Subject: ***The Process of Being Filled (Drunk with New Wine) – New Walk, Look, Talk***
- Subject: ***Eight Steps to Being Filled (STEP 1: Submit to the Holy Spirit)***
  - Submit to the Fear of the Holy Spirit
  - Submit to the Authority of the Holy Spirit
  - Submit to the Sanctity of the Holy Spirit

***Lesson Text***

Psalm 139:23–24 (AV)<sup>23</sup> Search me, O God, and know my heart: try me, and know my thoughts: <sup>24</sup> And see if *there be any* wicked way in me, and lead me in the way everlasting.

Isaiah 55:7–9 (AV)<sup>7</sup> Let the wicked forsake his way, and the unrighteous man his thoughts: and let him return unto the LORD, and he will have mercy upon him; and to our God, for he will abundantly pardon. <sup>8</sup> For my thoughts *are* not your thoughts, neither *are* your ways my ways, saith the LORD. <sup>9</sup> For *as* the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts.

Jeremiah 17:9 The heart *is* deceitful above all *things*, and desperately wicked: who can know it?

***Introduction***

When Christians fail to go through the process of being filled with the Holy Spirit, they don't experience the Fullness of the God!

**Being Filled with the Holy Spirit is A Continuous Process, Not Simply A Singular Event.**

The Eight Steps to Being Filled with the Holy Spirit are:

1. Submitting to the Holy Spirit
2. Convicted by the Holy Spirit
3. Guided by the Holy Spirit
4. Obeying the Holy Spirit
5. Studying the Holy Spirit
6. Fasting with the Holy Spirit
7. New Life in the Holy Spirit
8. Transformed by the Holy Spirit

Last week we looked at the Step 1: Submitting to the Holy Spirit. We learned that:

- We Submit to the Fear of the Holy Spirit by Drawing Closer to God
- We Submit to the Authority of the Holy Spirit by Resisting the Devil
- We Submit to the Sanctity of the Holy Spirit by Cleansing our Hands

Today we look at the process of being filled with the Holy Spirit through Conviction.

Several weeks ago, when we looked at the 7 roles of the Holy Spirit, we studied Conviction and learned that it comes from the Greek word “*elegchō*”. It is a legal term and means when the Holy Spirit comes upon us, He legally convicts us of Sin, Righteousness, and Judgement.

Now we want to look at how this conviction of the Holy Spirit impacts our Soul; namely our Mind, our Will, and our Emotions.

The Holy Spirit convicts how we think so that we change our mind, He convicts what we do so we change our actions, and finally He convicts how we feel so we change our heart.

***Series and Sermon: The Fullness of the Holy Spirit: Eight Steps to Being Filled (STEP 2: Convicted by the Holy Spirit)***

“Convicting My Mind, Convicting My Will, and Convicting My Emotions”

***I. Convicting My Mind***

Psalms 139:23 (AV)<sup>23</sup> Search me, O God, and know my heart: try me, and ***know my thoughts:*** Because of how we think, our mind inhibits our ability to be totally filled with the Holy Spirit.

The problem is our thoughts, by nature, are unrighteous.

Unrighteousness here is not about what we do, it’s what we think about doing.

Matthew 5:27–28 (AV)<sup>27</sup> **Ye have heard that it was said by them of old time, Thou shalt not commit adultery: <sup>28</sup>But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.**

When people wrong you, hurt you, or curse you out; that didn’t just happen; they have been thinking about it for a while.

Proverbs 23:7 (AV)<sup>7</sup> For as he thinketh in his heart, so *is* he: ...

And even when we try to be righteous, we still fail at it.

Isaiah 64:6 (AV)<sup>6</sup> But we are all as an unclean *thing*, and all our righteousnesses *are* as filthy rags; and we all do fade as a leaf; and our iniquities, like the wind, have taken us away.

**The Holy Spirit Convicts Our Mind so that we Seek the Mind of God**

Isaiah 55 says to forsake our unrighteous thoughts for God thoughts are not our thoughts.

Without the Holy Spirit, our mind remains unrighteous; but when we seek the Holy Spirit, he will convict us to seek the mind of God.

Philippians 2:5 (AV)<sup>5</sup> Let this mind be in you, which was also in Christ Jesus:

Philippians 4:6–8 (AV)<sup>6</sup> Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. <sup>7</sup> And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. <sup>8</sup> Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just,

whatsoever things *are* pure, whatsoever things *are* lovely, whatsoever things *are* of good report; if *there be* any virtue, and if *there be* any praise, think on these things.

The Holy Spirit Changes our Mind and fills it with thoughts of Praise.

## ***II. Convicting My Will***

Psalms 139:23 (AV)<sup>23</sup> Search me, O God, and know my heart: ***try me***, and know my thoughts:

The next challenge we have in being totally filled with the Holy Spirit is our will, what we do!

Romans 7:21 (AV)<sup>21</sup> I find then a law, that, when I would do good, evil is present with me.

Doing good has nothing to do when how we behave when things are normal, it's how we behave under pressure.

Anybody can do good when the lights are on, but what do you do when nobody is watching.

What do you do when you are provoked, when someone hurts, upsets, or does evil to you?

We don't really know what's in us until somebody wicked and evil pulls it out of us.

### **The Holy Spirit Convicts Our Will so that we Seek the Will of God**

Isaiah 55 also says to forsake our wicked ways for our ways are not God's ways.

Romans 12:21 (AV)<sup>21</sup> Be not overcome of evil, but overcome evil with good.

Without the Holy Spirit, evil people will bring out the evil in us; but when the Holy Spirit convicts us, we will seek the will of the Father to overcome evil with good.

Luke 22:42 (AV)<sup>42</sup> Saying, **Father, if thou be willing, remove this cup from me: nevertheless not my will, but thine, be done.**

The Holy Spirit changes our will and helps us to do that which pleases our Father.

## ***III. Convicting My Emotions***

Psalms 139:23 (AV)<sup>23</sup> Search me, O God, ***and know my heart***: try me, and know my thoughts:

The final challenge we have in being filled with the Holy Spirit is our emotions, how we feel.

What we do is determined based on what we think. And the thing that is in the middle of what we think and what we do, is how we feel.

When evil is done to us, before we react to it, we go through a process of thinking about it to determine how we feel about it. And when we feel anger, hurt, bitterness, frustration, lusts, or pride; we then react.

Ephesians 4:26–27 (AV)<sup>26</sup> Be ye angry, and sin not: let not the sun go down upon your wrath: <sup>27</sup> Neither give place to the devil.

### **The Holy Spirit Convicts Our Emotions so that we Seek the Heart of God**

Jeremiah 17: <sup>9</sup> The heart *is* deceitful above all *things*, and desperately wicked: who can know it?

## Eight Steps to Being Filled (STEP 2: Convicted by the Holy Spirit)

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Without the Holy Spirit we can't trust our wicked hearts and emotions because they will give place to the devil, and make us react against the will of God.

But when the Holy Spirit convicts our emotions, our hearts take on a sacrifice of praise.

1 Thessalonians 5:16–18 (AV)<sup>16</sup> Rejoice evermore. <sup>17</sup> Pray without ceasing. <sup>18</sup> In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

Hebrews 13:15 (AV)<sup>15</sup> By him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of *our* lips giving thanks to his name.

Psalms 22:3 (AV)<sup>3</sup> But thou *art* holy, *O thou* that inhabitest the praises of Israel.

Psalms 34: <sup>1</sup> I will bless the LORD at all times: his praise *shall* continually *be* in my mouth.

## Midweek Study Lesson Plan (Sermon: Eight Steps to Being Filled (STEP 2: Convicted by the Holy Spirit))

### Study Tools:

- Sermon Video & Notes: <https://victoriouspraise.org/>
- Bibles, Commentaries, Dictionaries: <https://biblehub.com/tools.htm>
- Book Source: ["The Complete Guide To Understanding The Holy Spirit"](#); Read the Following Chapters:
  - "What's evidence of being filled with the Holy Spirit?"
  - "What the Purpose of the Gifts of the Spirit?"

### Lesson Text

- Psalm 139:23–24, Isaiah 55:7–9, Jeremiah 17:9

### Sermon Outline

- I. Convicting My Mind
- II. Convicting My Will
- III. Convicting My Emotions

### Questions

#### I. Getting to Know "Me"

1. If you were to write your memoirs, name a song that would best describe the title. Why?
2. If you could invite anyone in the world to lunch, who would it be? What questions would you ask this person?

#### II. Into the Bible

1. In Romans 8, Paul tells the church that there is life through the Spirit of God. Paul then makes a transition from a theological teaching to a practical teaching in Romans 12, which states in verse 2: *"And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect will of God"*. First, describe what an "un-renewed" mind is. Then, list practical things that a believer can do to achieve a renewed mind. Lastly, when the mind reaches renewal, will the mind remain in a renewed state? If not, how does one achieve renewal again?
2. Holiness and righteousness are two attributes that describes God's character. *1 Peter 1:15-16 But as he which hath called you is holy, so be ye holy in all manner of conversation; 16 Because it is written, Be ye holy; for I am holy. Psalm 116:5 Gracious is the Lord, and righteous; yea, our God is merciful.* Believers are called to be holy and righteous like God. So, what distinguishes **our** holiness from our righteousness?

#### III. Life Application

1. How do you recognize that the Holy Spirit is convicting you of some wrong thought or action? How do you tell the difference between being convicted by the Holy Spirit and accused by the "accuser of the brethren?"
2. Make plan for how you will respond in the future when the Holy Spirit is convicting you.

### Prayer:

- **Prayer Request:**
- **Personal Prayer:**