
Eight Steps to Being Filled (STEP 1: Submit to the Holy Spirit)

The Fullness of the Holy Spirit

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Sermon: The Fullness of the Holy Spirit: Eight Steps to Being Filled (STEP 1: Submit to the Holy Spirit)

New Series Messages: “The Fullness of the Holy Spirit”

- Theme Scripture: Ephesians 5: ¹⁸ And be not drunk with wine, wherein is excess; but be filled with the Spirit;
- Subject: ***The Process of Being Filled (Drunk with New Wine)***
 - Spiritually Drunk with A New Walk (Steps Ordered by the Lord)
 - Spiritually Drunk with A New Look (Fix the Old You vs. Create a New You)
 - Spiritually Drunk with A New Talk (Doubt & Fear replaced with Faith & Praise)

Lesson Text

Ephesians 5:21–27 (AV)²¹ Submitting yourselves one to another in the fear of God. ²² Wives, submit yourselves unto your own husbands, as unto the Lord. ²³ For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body. ²⁴ Therefore as the church is subject unto Christ, so *let* the wives *be* to their own husbands in every thing. ²⁵ Husbands, love your wives, even as Christ also loved the church, and gave himself for it; ²⁶ That he might sanctify and cleanse it with the washing of water by the word, ²⁷ That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish.

James 4:6–8 (AV)⁶ But he giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble. ⁷ Submit yourselves therefore to God. Resist the devil, and he will flee from you. ⁸ Draw nigh to God, and he will draw nigh to you. Cleanse *your* hands, *ye* sinners; and purify *your* hearts, *ye* double minded.

Introduction

Experiencing the Fullness of the God happens when we are filled with the Holy Spirit.

Being Filled with the Holy Spirit is A Continuous Process, Not Simply A Singular Event.

The Eight Steps to Being Filled with the Holy Spirit are:

1. Submitting to the Holy Spirit
2. Convicted by the Holy Spirit
3. Guided by the Holy Spirit
4. Obeying the Holy Spirit
5. Studying the Holy Spirit
6. Fasting with the Holy Spirit
7. New Life in the Holy Spirit
8. Transformed by the Holy Spirit

Last week we looked at the Process of Being Filled by Juxtaposing Being Drunk with Wine and Being Filled with the Holy Spirit according to Ephesians 5:18.

Just as being Turn Up with Alcohol changes you; so does be filled with the Holy Spirit. He changes your Walk (Ordering your Steps), He changes your Look (Doesn't Fix the Old You, Creates a New You), He changes your Talk (Fear & Doubt is replaced with Faith & Praise)

Today we look at the process of being filled with the Holy Spirit through Submission.

When most Christians hear the word **submission**, they think of Ephesians 5:23, that states the Husband is the head of the Wife, and think that a term as boss, superior, submission, obedience.

Actually, submission has nothing to do with who is boss. The question is, whom do you love? whom are you willing to serve?

The Spirit of Submission has nothing to do with who's the boss, but everything to do with love, dedication, and commitment. Jesus gave us the greatest example of submission.

In Philippians the 2nd chapter, Jesus thought it not robbery to be equal to God, but yet submitted himself to the form of a servant, the will of His father, and ultimately the death of the cross.

Luke 22:42 (AV)⁴² Saying, **Father, if thou be willing, remove this cup from me: nevertheless not my will, but thine, be done.**

We get the connection to Submission and the Holy Spirit in Ephesians the 5th Chapter. In our theme passage for this series, Ephesians 5:18 says be filled with the Spirit; and three verses later we taught to submit to one another.

Ephesians 5: ²¹ Submitting yourselves one to another in the fear of God.

Ephesians 5: ²⁵ Husbands, love your wives, even as Christ also loved the church, and gave himself for it;

This submission does not happen because someone is our boss and makes us do it, but because of our love, dedication, and commitment to God.

Just as Jesus submitted to the Will of His Father to Save the World, we must Submit to the Will of the Holy Spirit to experience the Fullness of the God in the World.

Series and Sermon: The Fullness of the Holy Spirit: Eight Steps to Being Filled (STEP 1: Submit to the Holy Spirit)

“Submitting to the Fear, Authority, and Sanctity of God”

I. Submit to the Fear of the Holy Spirit

Ephesians 5: ²¹ Submitting yourselves one to another in the fear of God

One of the first things we are taught in our lesson text is to submit to the fear of the Lord.

How many of you who grew up in a holiness or Pentecostal church remember getting saved because of were afraid? Maybe a prophet came to town speaking danger, or maybe someone young got hurt or died.

But what happened soon as the fear subsided? We went back to doing and being who we were.

The Fear of God is not about being afraid of what might happen to you; the fear of a threat, fear of danger, the fear of loss, or the fear of hell and damnation.

Proverbs 1:7 (AV)⁷ The fear of the LORD *is* the beginning of knowledge: *but* fools despise wisdom and instruction.

Proverbs 9:10 (AV)¹⁰ The fear of the LORD *is* the beginning of wisdom: and the knowledge of the holy *is* understanding.

The Fear of God is about the reverence, awe, devotion, and love that draws us so close to God that we begin to walk in the knowledge and wisdom of God.

Submit by Drawing Closer to God

James 4: ⁸ Draw nigh to God, and he will draw nigh to you. ...

The Fear of the Lord draws us to His Knowledge, and we know things that only God knows.

Romans 8:28 (AV)²⁸ And we know that all things work together for good to them that love God, to them who are the called according to *his* purpose.

The fear of the Lord draws us to His Wisdom, and we do things that only God can do.

Philippians 4:11–13 (AV)¹¹ Not that I speak in respect of want: for I have learned, in whatsoever state I am, *therewith* to be content... ¹³ I can do all things through Christ which strengtheneth me.

II. Submit to the Authority of the Spirit

Ephesians 5: ²² Wives, submit yourselves unto your own husbands, as unto the Lord. ²³ For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body

The next thing we are taught from our lesson text is to submit to the authority of God.

The problem most people have with authority is that for most of us it carries the connotation of boss, superior, supervision; someone who tells us what to do.

Because we are constantly tempted with the pride of life, this part of our human flesh resists authority. We don't like people telling us what to do, we want to be our own man or woman.

1 Peter 5:5–6 (AV)⁵ Likewise, ye younger, submit yourselves unto the elder. Yea, all *of you* be subject one to another, and be clothed with humility: **for God resisteth the proud**, and giveth grace to the humble. ⁶ Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:

Submit by Resisting the Devil

James 4: ⁷ Submit yourselves therefore to God. Resist the devil, and he will flee from you.

It's the devil that doesn't want us to submit to authority, it's the devil that doesn't want us to submit to authority of our mate, to submit to the authority of our leaders.

The key is to stop worrying about those and authority and start resisting the devil. Stop being frustrated with your husband, your pastor, your boss, your supervisor, and just resist the devil.

The devil wants us to rebuke those in authority, but God wants us to pray for them that it may be well with us, and that we may have peace.

1 Timothy 2:1–2 (AV)¹ I exhort therefore, that, first of all, supplications, prayers... *for* all that are in authority; that we may lead a quiet and peaceable life in all godliness and honesty.

Hebrews 13:¹⁷ Obey them that have the rule over you, and submit yourselves: for they watch for your souls, ... that they may do it with joy, and not with grief: for that *is* unprofitable for you.

III. Submit to the Sanctity of the Spirit

Ephesians 5: ²⁵ Husbands, love your wives, even as Christ also loved the church, and gave himself for it; ²⁶ That he might sanctify and cleanse it with the washing of water by the word, ²⁷ That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish.

The final thing we are taught in our lesson text about submission is be cleansed or sanctified.

Remember the Purpose of the Holy Spirit is ***the invisible power of the Godhead that separates (sanctifies) us from the world of sin, and moves us to Christ so that we become like him.***

Simply put, God wants to cleans and sanctify us, and that happens when we submit to God.

Submit by Cleansing Your Hands

James 4: ⁸ ...Cleanse *your* hands, *ye* sinners; and purify *your* hearts, *ye* double minded.

1 Peter 1:16 (AV)¹⁶ Because it is written, Be ye holy; for I am holy.

But we cannot cleanse ourselves, we cannot purify ourselves, we cannot make ourselves holy.

Isaiah 64:6 (AV)⁶ But we are all as an unclean *thing*, and all our righteousnesses *are* as filthy rags; and we all do fade as a leaf; and our iniquities, like the wind, have taken us away.

The only way we can be cleansed and sanctified is by submitting to the work of the Holy Spirit.

Ephesians 5: ²⁵ ... even as Christ also loved the church, and gave himself for it; ²⁶ That he might sanctify and cleanse it with the washing of water by the word,

When we submit to the Holy Spirit, He cleanses us through the Word of God

Psalms 119:11 (AV)¹¹ Thy word have I hid in mine heart, that I might not sin against thee.

When we submit to the Holy Spirit, He cleanses us through the Blood of the Lamb

Revelation 12:11 (AV)¹¹ And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death.

Eight Steps to Being Filled (STEP 1: Submit to the Holy Spirit)

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Midweek Study Lesson Plan (Sermon: Eight Steps to Being Filled (STEP 1: Submit to the Holy Spirit))

Study Tools:

- Sermon Video & Notes: <https://victoriouspraise.org/>
- Bibles, Commentaries, Dictionaries: <https://biblehub.com/tools.htm>
- Book Source: ["The Complete Guide To Understanding The Holy Spirit"](#); Read the Following Chapters:
 - "How do you become filled with the Holy Spirit"
 - "What's evidence of being filled with the Holy Spirit?"

Lesson Text

- Ephesians 5:21–27, James 4:6–8

Sermon Outline

- I. Submit to the Fear of the Holy Spirit
- II. Submit to the Authority of the Holy Spirit
- III. Submit to the Sanctity of the Holy Spirit

Questions

I. Getting to Know "Me"

1. What has required the most courage from you in your life so far?
2. If you were a disciple of Jesus during His time on earth, what benefit would you bring to Jesus' ministry?

II. Into the Bible

1. A Case Study in Submission: Jesus. Read [Luke 2:42-52](#), [Matthew 3:13-15](#), [Luke 4:1](#), and explain the ways in which Jesus submitted himself. In each circumstance, consider, did he have to submit? Why or Why not? What benefit, if any, do you see followed his submission?
2. What is the significance of Jesus washing the feet of the disciples in [John 13:3-15](#)? How would you relate the events in that passage to the lesson about both submission and cleansing?

III. Life Application

1. What should your attitude be towards someone who has authority over you who you feel is treating you unjustly? How can the Holy Spirit coach you in this situation? What scriptures or songs could you use to encourage yourself?
2. How can our fear of the Holy Spirit give us an advantage over others?

Prayer:

- **Prayer Request:**
- **Personal Prayer:**